

**CHILD/ADOLESCENT PERSONAL HISTORY**  
**(AGES 17 AND UNDER)**

TO BE COMPLETED BY PARENT OR GUARDIAN. THE INFORMATION YOU PROVIDE TO US WILL BE VERY HELPFUL IN TREATING YOUR CHILD. PLEASE FILL OUT COMPLETELY. IF YOU HAVE ANY DIFFICULTY, COMPLETE AS MUCH AS POSSIBLE. YOUR CHILD'S THERAPIST WILL REVIEW THE FORM WITH YOU. THANK YOU!

Today's Date: \_\_\_\_\_ Your Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

How are you related to the child? \_\_\_\_\_

Child's Parents:	_____	<u>AGE</u> _____
Step-parents:	_____	_____
Child's Brothers and Sisters:	_____	_____
B=Brother	_____	_____
S=Sister	_____	_____
SB=Step-brother	_____	_____
SS=Step-sister	_____	_____
HB=Half-brother	_____	_____
HS=Half-sister	_____	_____
(If any of above are deceased, put a "D" and year in the Age column.)	_____	_____
Example: D1987	_____	_____

Child was raised by: \_\_\_\_\_

Who lives in child's main household? \_\_\_\_\_

Whose idea was it to bring child to clinic? \_\_\_\_\_

What problems is your child having? \_\_\_\_\_

When has he/she been having these problems? \_\_\_\_\_

Why do you think your child is having problems? \_\_\_\_\_

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Describe how child's problems affect you, other family members, others: \_\_\_\_\_

What would you or referring person like to see done for your child? \_\_\_\_\_

When and where has your child been evaluated or counseled before? \_\_\_\_\_

Reason: \_\_\_\_\_

Has child ever threatened/attempted to HARM self or others? \_\_\_\_\_

Explain: \_\_\_\_\_

Have child's parents or any close relatives ever been in counseling at a clinic or been hospitalized for depression, hearing voices, alcohol or drug problems, suicide attempts, etc? Please explain who, where, when:

Who? \_\_\_\_\_ When? \_\_\_\_\_ Where? \_\_\_\_\_ Why? \_\_\_\_\_

Who? \_\_\_\_\_ When? \_\_\_\_\_ Where? \_\_\_\_\_ Why? \_\_\_\_\_

Who? \_\_\_\_\_ When? \_\_\_\_\_ Where? \_\_\_\_\_ Why? \_\_\_\_\_

How is child's PHYSICAL HEALTH? \_\_\_\_\_

Has child had serious illnesses, injuries, surgeries, hospitalizations? \_\_\_\_\_

Explain: \_\_\_\_\_

Child's Physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Office Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Date child last saw physician: \_\_\_\_\_ Reason: \_\_\_\_\_

Results of Doctor visit: \_\_\_\_\_

Immunizations up-to-date: \_\_\_\_\_

Medications child is on: \_\_\_\_\_

Child's Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Appetite: \_\_\_\_\_

Describe any recent weight gain/loss: \_\_\_\_\_

Does child over-eat? \_\_\_\_\_ Refuse food? \_\_\_\_\_ Purge? \_\_\_\_\_

Any food or medication allergies? \_\_\_\_\_

Child's usual energy/activity level: \_\_\_\_\_

DEVELOPMENTAL HISTORY:

Was your pregnancy desired? \_\_\_\_\_ Length of term: \_\_\_\_\_

Problems during pregnancy (include alcohol/drug usage by mother): \_\_\_\_\_

Complications during delivery: \_\_\_\_\_

Explain if mother/child separated after birth: \_\_\_\_\_

Other parent/child separations: \_\_\_\_\_

Describe child as an infant/toddler (cheerful, fussy, cuddly, withdrawn): \_\_\_\_\_

Age child first sat up: \_\_\_\_\_ took steps: \_\_\_\_\_ spoke words: \_\_\_\_\_

Age first spoke in sentences: \_\_\_\_\_ weaned: \_\_\_\_\_ fed him/herself: \_\_\_\_\_

Age toilet-trained during day: \_\_\_\_\_ night: \_\_\_\_\_ problem now? \_\_\_\_\_

Age dressed self: \_\_\_\_\_ tied shoe-laces: \_\_\_\_\_ rode 2-wheel bike: \_\_\_\_\_

Age his voice changed (adolescent males): \_\_\_\_\_ developed body hair: \_\_\_\_\_

Age 1st menstruation (adolescent female): \_\_\_\_\_ breast development: \_\_\_\_\_

SCHOOL: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Teacher: \_\_\_\_\_ Counselor: \_\_\_\_\_

In special classes? \_\_\_\_\_ Since what grade? \_\_\_\_\_

Learning disabilities? \_\_\_\_\_

Has child repeated any grades? \_\_\_\_\_ Which grades? \_\_\_\_\_

Describe attendance: \_\_\_\_\_

Describe effort/attitude toward school: \_\_\_\_\_

Describe academic performance: \_\_\_\_\_

Describe behavior in school: \_\_\_\_\_

When did school performance/behavior change? \_\_\_\_\_

Why do you think it changed? \_\_\_\_\_

Education of each parent/guardian: \_\_\_\_\_

Client Name: \_\_\_\_\_

Employment/training/work hours of each parent/guardian:

You: \_\_\_\_\_

Spouse/partner: \_\_\_\_\_

ETHNIC/CULTURAL background of child: \_\_\_\_\_

RELIGIOUS/SPIRITUAL background: \_\_\_\_\_

LEGAL problems of child (past and present): \_\_\_\_\_

PARENT/CHILD RELATIONSHIP:

How do you and spouse/partner show affection to child? \_\_\_\_\_

If one of child's biological parents is out of the home, describe his/her relationship with child: \_\_\_\_\_

RESPONSIBILITIES/RULES:

How does child handle these? \_\_\_\_\_

Has child threatened/attempted to run away or stayed out all night? \_\_\_\_\_

Explain: \_\_\_\_\_

What do you and your spouse/partner DO when your child misbehaves?

You: \_\_\_\_\_

Spouse/partner: \_\_\_\_\_

How do you and spouse/partner feel about using PHYSICAL DISCIPLINE?

You: \_\_\_\_\_

Spouse/partner: \_\_\_\_\_

Has family ever been involved with Protective Services? \_\_\_\_\_

When? \_\_\_\_\_ Reason: \_\_\_\_\_

Describe any BEHAVIOR of yourself, partner, or other adults in the home (drinking, drugs, verbal or physical conflict, suicide attempts, etc.) that may have affected your child: \_\_\_\_\_

Describe any EVENTS--family illness, death, separation, divorce, move to a different neighborhood or school, change in family finances, etc.-- that may have affected your child: \_\_\_\_\_

PLEASE REVIEW THE FOLLOWING LIST AND CIRCLE THE NUMBERS THAT YOU FEEL FIT YOUR CHILD. THEN WRITE THOSE NUMBERS BELOW AND BRIEFLY EXPLAIN:

- |                                   |                   |                         |
|-----------------------------------|-------------------|-------------------------|
| 1. Speech difficulties            | 16. Overactive    | 31. Temper tantrums     |
| 2. Nervous habits/behavior        | 17. Underactive   | 32. In own world        |
| 3. Frequent headaches             | 18. Sucks thumb   | 33. Afraid/fearful      |
| 4. Frequent stomach-aches         | 19. Bangs head    | 34. Accident-prone      |
| 5. Difficulty sleeping            | 20. Grinds teeth  | 35. Seems insecure      |
| 6. Lacks guilt/remorse            | 21. Nightmares    | 36. Sad/depressed       |
| 7. Difficulty making friends      | 22. Seems angry   | 37. Worries a lot       |
| 8. Difficulty keeping friends     | 23. Hurts animals | 38. Cries frequently    |
| 9. Little interest in friends     | 24. Sets fires    | 39. Mentally slow       |
| 10. Little interest in activities | 25. Steals        | 40. Interested in sex   |
| 11. Disrespectful/argumentative   | 26. Lies a lot    | 41. Looks "high" often  |
| 12. Doesn't complete schoolwork   | 27. Too serious   | 42. Separation problems |
| 13. Acts before thinking          | 28. Fights a lot  | 43. Imaginary friends   |
| 14. Short attention-span          | 29. Clowns a lot  | 44. Ignores rules       |
| 15. Unable to sit still           | 30. Acts spoiled  | 45. Defies authority    |

#\_\_\_\_\_ Explain: \_\_\_\_\_

#\_\_\_\_\_ Explain: \_\_\_\_\_

#\_\_\_\_\_ Explain: \_\_\_\_\_

#\_\_\_\_\_ Explain: \_\_\_\_\_

#\_\_\_\_\_ Explain: \_\_\_\_\_

#\_\_\_\_\_ Explain: \_\_\_\_\_

#\_\_\_\_\_ Explain: \_\_\_\_\_

INTERESTS/ACTIVITIES (Please circle or check):

- |                  |                |       |        |                |
|------------------|----------------|-------|--------|----------------|
| Watch television | Play sports    | Sew   | Skate  | Baby-sitting   |
| Be with friends  | Ride Bicycle   | Draw  | Write  | Imaginary play |
| Play video games | Roller blade   | Read  | Scouts | Action figures |
| Listen to music  | Build things   | Sing  | School | Power Rangers  |
| Talk on phone    | Collect things | Dance | Crafts | Dolls          |
| Other: _____     |                |       |        |                |

Activities/Interests child no longer enjoys: \_\_\_\_\_

If child DRINKS or uses DRUGS, please check \_\_\_\_\_ and complete next page.

Client Name: \_\_\_\_\_

TYPE OF DRUG	AGE OF 1ST USE	WHAT AGE WAS CHILD USING IT REGULARLY	AVERAGE NUMBER OF DAYS USED EACH WEEK	ABOUT HOW MUCH WOULD CHILD USE EACH DAY	# DAYS USED IN PAST 30 DAYS	LAST DATE CHILD USED
Coffee, Cola						

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Caffeine pills						
Cigarettes						
Beer Wine Liquor						
Marijuana						
Crack cocaine 51's Cocaine powder						
Heroin: Snort Snoot						
Methadone						
Pain Medication Type:						
Tylenol #3 or 4						
Muscle Relaxers Soma, Flexeril Other: _____						
Valium, Librium Other: _____						
Glue Poppers Aerosols						
PCP LSD Mescaline						
Meth-amphetamine						
Phenobarbital Sleeping pills						
Steroids						
Other:						

Therapist/Credentials: \_\_\_\_\_ Date: \_\_\_\_\_