

Conflict Tactics Inventory

Your Name: _____

Partner's Name: _____

Today's Date: _____

*No matter how well a couple gets along, there are times when they disagree, get annoyed with one another, want different things from each other, or just have spats or fights because they are in a bad mood, are tired, or are upset for some other reason. Couples also have many different ways of trying to settle their differences. This is a list of things that might happen when you have differences. Some questions are about you and others are about your partner. **Please circle the response that describes how many times these things happened in the past year. If one of these things did not happen the past year, but it happened before that, circle "7."***

How often did this happen in the past year?	Once	Twice	3-5	6-10	11-20	More than 20	Not in the past year, but it happened before	Never
1. I showed my partner I cared even though we disagreed.	1	2	3	4	5	6	7	0
2. My partner showed care for me even though we disagreed.	1	2	3	4	5	6	7	0
3. I explained my side of a disagreement to my partner.	1	2	3	4	5	6	7	0
4. My partner explained his or her side of a disagreement to me.	1	2	3	4	5	6	7	0
5. I insulted or swore at my partner.	1	2	3	4	5	6	7	0
6. My partner insulted or swore at me.	1	2	3	4	5	6	7	0
7. I threw something at my partner that could hurt.	1	2	3	4	5	6	7	0
8. My partner threw something at me that could hurt.	1	2	3	4	5	6	7	0
9. I twisted my partner's arm or hair.	1	2	3	4	5	6	7	0
10. My partner twisted my arm or hair.	1	2	3	4	5	6	7	0
11. I had a sprain, bruise, or small cut because of a fight with my partner.	1	2	3	4	5	6	7	0
12. My partner had a sprain, bruise, or small cut because of a fight with me.	1	2	3	4	5	6	7	0
13. I showed respect for my partner's feeling about an issue.	1	2	3	4	5	6	7	0
14. My partner showed respect for my feeling about an issue.	1	2	3	4	5	6	7	0
15. I made my partner have sex without a condom.	1	2	3	4	5	6	7	0
16. My partner made me have sex without a condom.	1	2	3	4	5	6	7	0
17. I pushed or shoved my partner.	1	2	3	4	5	6	7	0
18. My partner pushed or shoved me.	1	2	3	4	5	6	7	0
19. I used force (like hitting, holding down, or using a weapon) to make my partner have oral or anal sex.	1	2	3	4	5	6	7	0

How often did this happen in the past year?

	<i>Once</i>	<i>Twice</i>	<i>3-5</i>	<i>6-10</i>	<i>11-20</i>	<i>More than 20</i>	<i>Not in the past year, but it happened before</i>	<i>Never</i>
20. My partner used force to make me have oral or anal sex.	1	2	3	4	5	6	7	0
21. I used a knife or gun on my partner.	1	2	3	4	5	6	7	0
22. My partner used a knife or gun on me.	1	2	3	4	5	6	7	0
23. I passed out from being hit on the head by my partner in a fight.	1	2	3	4	5	6	7	0
24. My partner passed out from being hit on the head by me in a fight.	1	2	3	4	5	6	7	0
25. I called my partner fat or ugly.	1	2	3	4	5	6	7	0
26. My partner called me fat or ugly.	1	2	3	4	5	6	7	0
27. I punched or hit my partner with something that could hurt.	1	2	3	4	5	6	7	0
28. My partner punched or hit me with something that could hurt.	1	2	3	4	5	6	7	0
29. I destroyed something belonging to my partner.	1	2	3	4	5	6	7	0
30. My partner destroyed something belonging to me.	1	2	3	4	5	6	7	0
31. I went to a doctor because of a fight with my partner.	1	2	3	4	5	6	7	0
32. My partner went to a doctor because of a fight with me.	1	2	3	4	5	6	7	0
33. I choked my partner.	1	2	3	4	5	6	7	0
34. My partner choked me.	1	2	3	4	5	6	7	0
35. I shouted or yelled at my partner.	1	2	3	4	5	6	7	0
36. My partner shouted or yelled at me.	1	2	3	4	5	6	7	0
37. I slammed my partner against a wall.	1	2	3	4	5	6	7	0
38. My partner slammed me against a wall.	1	2	3	4	5	6	7	0
39. I said I was sure we could work out a problem.	1	2	3	4	5	6	7	0
40. My partner was sure we could work it out.	1	2	3	4	5	6	7	0
41. I needed to see a doctor because of a fight with my partner, but I didn't.	1	2	3	4	5	6	7	0
42. My partner needed to see a doctor because of a fight with me, but didn't.	1	2	3	4	5	6	7	0
43. I beat up my partner.	1	2	3	4	5	6	7	0
44. My partner beat me up.	1	2	3	4	5	6	7	0
45. I grabbed my partner.	1	2	3	4	5	6	7	0
46. My partner grabbed me.	1	2	3	4	5	6	7	0
47. I used force (like hitting, holding down, or using a weapon) to make my partner have sex.	1	2	3	4	5	6	7	0
48. My partner used force to make me have sex.	1	2	3	4	5	6	7	0
49. I stomped out of the room or house or yard during a disagreement.	1	2	3	4	5	6	7	0
50. My partner stomped out of the room or house or yard during a disagreement.	1	2	3	4	5	6	7	0
51. I insisted on sex when my partner did not want to (but did not use physical force).	1	2	3	4	5	6	7	0

How often did this happen in the past year?	<i>Once</i>	<i>Twice</i>	<i>3-5</i>	<i>6-10</i>	<i>11-20</i>	<i>More than 20</i>	<i>Not in the past year, but it happened before</i>	<i>Never</i>
52. My partner insisted on sex when I did not want to (but did not use physical force).	1	2	3	4	5	6	7	0
53. I slapped my partner.	1	2	3	4	5	6	7	0
54. My partner slapped me.	1	2	3	4	5	6	7	0
55. I had a broken bone from a fight with my partner.	1	2	3	4	5	6	7	0
56. My partner had a broken bone from a fight with me.	1	2	3	4	5	6	7	0
57. I used threats to make my partner have oral or anal sex.	1	2	3	4	5	6	7	0
58. My partner used threats to make me have oral or anal sex.	1	2	3	4	5	6	7	0
59. I suggested a compromise to a disagreement.	1	2	3	4	5	6	7	0
60. My partner suggested a compromise to a disagreement.	1	2	3	4	5	6	7	0
61. I burned or scalded my partner on purpose.	1	2	3	4	5	6	7	0
62. My partner burned or scalded me on purpose.	1	2	3	4	5	6	7	0
63. I insisted my partner have oral or anal sex (but did not use physical force).	1	2	3	4	5	6	7	0
64. My partner insisted I have oral or anal sex (but did not use physical force).	1	2	3	4	5	6	7	0
65. I accused my partner of being a lousy lover.	1	2	3	4	5	6	7	0
66. My partner accused me of being a lousy lover.	1	2	3	4	5	6	7	0
67. I did something to spite my partner.	1	2	3	4	5	6	7	0
68. My partner did something to spite me.	1	2	3	4	5	6	7	0
69. I threatened to hit or throw something at my partner.	1	2	3	4	5	6	7	0
70. My partner threatened to hit or throw something at me.	1	2	3	4	5	6	7	0
71. I felt physical pain that still hurt the next day because of a fight with my partner.	1	2	3	4	5	6	7	0
72. My partner felt physical pain that still hurt the next day because of a fight we had.	1	2	3	4	5	6	7	0
73. I kicked my partner.	1	2	3	4	5	6	7	0
74. My partner kicked me.	1	2	3	4	5	6	7	0
75. I used threats to make my partner have sex.	1	2	3	4	5	6	7	0
76. My partner used threats to make me have sex.	1	2	3	4	5	6	7	0
77. I agreed to try a solution to a disagreement my partner suggested.	1	2	3	4	5	6	7	0
78. My partner agreed to try a solution I suggested.	1	2	3	4	5	6	7	0